



Little Calva & Great Calva from Kestrel Lodge Campsite
7.5 miles, 12km. 4.5hrs, 548m of ascent
 Right on the Cumbria Way towards Peter House Farm. Follow the track (Cumbria Way) up to Dash Falls, after crossing the water take a path on the left up steeply and round towards Little Calva. Follow the boundary to Great Calva and descend the path back to the Cumbria Way and retrace your steps back to the Campsite.

Please use this as an idea; timings, distances and routes are a guide only. Please plot your own routes and take a map with you. Remember to be prepared; charge your phone, check the weather, wear appropriate footwear, clothing, waterproofs, & don't forget your map, compass, food and drink.



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